



CANNABINOIDS THAT HELP WITH  
**PSYCHIATRIC & NEUROLOGICAL DISORDERS**

- CBD THC **Antidepressant**  
(assists with depression)
- CBD **Anxiolytic**  
(relieves anxiety)
- CBD **Antipsychotic**  
(reduces psychotic behavior)
- CBD THCA THC CBN **Antispasmodic**  
(relieves spasms)
- CBD THCV **Antiepileptic**  
(suppresses epileptic fits)
- CBD **Neuroprotective**  
(protects from neurodegenerative diseases)



CANNABINOIDS THAT HELP WITH  
**PAIN & SLEEP ISSUES**

- CBD THC CBC CBN **Analgesic**  
(reduces pain)
- CBD CBDA THCA CBC CBG **Anti-inflammatory**  
(reduces inflammation)
- CBN **Anti-insomnia**  
(sleep aid)
- THC **Anti-sleep Apnea**  
(reduces sleep apnea in animal studies)



CANNABINOIDS THAT HELP WITH  
**EATING & DIGESTIVE DISORDERS**

- CBD CBDA **Intestinal anti-prokinetic**  
(digestive aid)
- CBD THC **Antiemetic**  
(reduces nausea)
- THC **Appetite Stimulant**  
(encourages eating and appetite)
- THCV **Appetite Suppressant**  
(reduces desire to eat)
- CBD CBG **Anti-bacterial**  
(effective against bacteria)
- CBC **Antimicrobial**  
(inhibits growth of microorganisms)
- THC CBN **Antioxidant**  
(fights free radicals in the bloodstream)

CANNABINOIDS THAT HELP WITH  
**SPECIFIC DISEASES & OTHER BENEFITS**

- CBD **Anti-diabetic**  
(reduces diabetic symptoms)
- CBD **Antipsoriatic**  
(helps with itching/psoriasis)
- CBD CBC CBG THCV CBDV **Bone Stimulant**  
(helps with bone growth)
- CBD CBDA THCA CBC CBG **Antiproliferative**  
(inhibits tumor cell growth)
- CBD **Immunosuppressive\***  
(help for rheumatoid arthritis and lupus)
- CBD **Anti-ischemic**  
(reduces risk of artery blockage)
- CBC **Vasoconstriction**  
(constricting of the blood vessels)
- CBD **Vasorelaxant**  
(relaxes veins for better blood flow)
- CBD **Allograft Stimulant**  
(minimizes organ rejection)
- THC **Intraocular Eye Pressure**  
(reduces pressure from glaucoma)

\* May dampen the immune system's response to infection.

**KNOW YOUR CANNABINOIDS**

- THC **Tetrahydrocannabinol (THC)**  
THC is the best-known cannabinoid and is the primary psychoactive compound. It has also been found to be neuroprotective with analgesic (pain relieving) effects.
- CBD **Cannabidiol (CBD)**  
CBD is where many of the medical benefits are attributed to cannabis and has resulted in many strains being 'enriched' to increase their CBD content. It is not a psychoactive cannabinoid unlike THC.
- CBN **Cannabinol (CBN)**  
CBN is also non-psychoactive and is generally attributed with a sedative effect. The typical amount of CBN found in most samples of cannabis is less than 1%.
- THCA **Tetrahydrocannabinolic Acid (THCA)**  
THCA is the most prominent compound in fresh, undried cannabis. While the compound does not have psychoactive effects in its own right, it does have anti-inflammatory and neuroprotective effects.
- THCV **Tetrahydrocannabivarin (THCV)**  
THCV is commonly believed to be an appetite suppressant. In addition, recent research suggests that this compound may be helpful in treating metabolic disorders including diabetes.
- CBG **Cannabigerol (CBG)**  
CBG is a non-psychoactive cannabinoid and early results suggest it plays an important role in fighting glaucoma symptoms, inflamed bowels and potentially as treatment for bacterial infections like MRSA.
- CBC **Cannabichromene (CBC)**  
CBC is perhaps the least understood cannabinoid, but potentially among the most important. It is believed to stimulate bone growth, as well as inhibit inflammation and pain.
- CBDA **Cannabidiolic Acid (CBDA)**  
CBDA is a non-psychoactive cannabinoid believed to have anti-inflammatory properties. The compound is also thought offer benefits when dealing with nausea and vomiting.
- CBDV **Cannabidivarin (CBDV)**  
CBDV has been a relatively ignored cannabinoid until recently where many researchers believe that it may offer another option for the treatment of epilepsy.